

Intermediate general principles of coaching



How to enrol

By phone

Call (02) 9006 3700 or (02) 9006 3763 and have your credit card details ready (Visa, Mastercard).

By fax

Complete the enrolment form, include your credit card details and fax to (02) 9006 3884.

By email

sport.ed@communities.nsw.gov.au

By mail

Complete the enrolment form, include either your credit card details, a cheque or a money order, and mail to:

Sport Education Centre,
Locked Bag 1422
Silverwater NSW 2128

Lecture-based course

Sydney Academy of Sport and Recreation, Narrabeen

The key to sports development is coach education. The National Coaching Accreditation Scheme (NCAS) is a progressive coach education program offering opportunities to acquire a greater knowledge of coaching to enable the continued development of our sporting talent.

Intermediate general principles of coaching

This course aims to improve the knowledge and skills of experienced community coaches who are currently accredited Level 1 (or equivalent) coaches.

Coaches must have their Level 1 accreditation with at least 12 months coaching experience.

To successfully complete this course, participants must:

- Attend all three days of lectures
- Do some home study and complete assigned worksheets.

The Intermediate coaching principles component, combined with the sport specific component plus practical coaching hours, will provide accreditation within the NCAS.

Limited accommodation available on site. Please call (02) 9006 3763 for details.

Course details

Date	Friday 15, Saturday 16 and Sunday 17 October, 2010
Times	Friday 4pm–9pm, Saturday 8.30am–5pm and Sunday 8.30am–5pm
Venue	Lecture Room, Sydney Academy of Sport and Recreation, Wakehurst Parkway, Narrabeen
Cost	\$300 (incl. GST) covers dinner (on Friday), lunch, morning and afternoon tea, texts, marking assessments and certificate on successful completion of the course.

Bookings close 8 October, 2010

For further information on the NCAS and update programs conducted by the NSW Sport Education Centre, contact:

Phone	(02) 9006 3763
Fax	(02) 9006 3884
Email	sport.ed@communities.nsw.gov.au

Supported by



Australian Government
Australian Sports Commission

For more information

call (02) 9006 3763 or visit www.dsr.nsw.gov.au

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Communities
Sport & Recreation

Intermediate general principles of coaching

October 2010 lecture-based course

Topics covered:

- Planning
- Risk management
- The essence of coaching
- Principles of training
- Sports psychology
- Functional anatomy and physiology
- Biomechanics
- Development and maturation
- Nutrition
- Teaching methods
- Skill acquisition
- Communication
- Drugs in sport.

This program is a joint initiative of the Australian Sports Commission and Sport and Recreation.

Enrolment information (0048687)

Name	<input type="text"/>	Date of birth	<input type="text"/> / <input type="text"/> / <input type="text"/>	<input type="checkbox"/> Male <input type="checkbox"/> Female
Address	<input type="text"/> <hr/> <input type="text"/>	Phone	<input type="text"/>	
	Postcode	Home	<input type="text"/>	
		Work/mobile	<input type="text"/>	
Email	<input type="text"/>	Your athlete's level/age	<input type="text"/>	
Your sport	<input type="text"/>	Year you completed Level 1	<input type="text"/>	

Payment information

My cheque or money order payable to Sport and Recreation is enclosed OR charge \$ _____ to my credit card: Visa Mastercard

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Expiry date	<input type="text"/> / <input type="text"/>
Cardholder name										Signature					
<input type="text"/>										<input type="text"/>					

Risk Waiver and Media Consent

Strike out whichever does not apply:

- a) I agree to, or I agree for my child/ward to attend the Centre to undertake all activities and/or to participate in the above program. In the case of an emergency, I authorise Communities NSW, Sport and Recreation staff, where it is impracticable to communicate with me, to arrange for me, or my child/ward, to receive such medical or surgical treatment as may be deemed necessary. I also undertake to pay or reimburse costs which may be incurred for medical attention, ambulance transport and drugs while I am participating, or my child/ward is attending the Centre/enrolled in the program.

I understand that although Communities NSW, Sport and Recreation and its service providers attempt to minimise any risk of personal injury within practical boundaries, accidents do happen and all physical activities carry the risk of personal injury. I acknowledge that there is an inherent risk of personal injury in physical activities that will be undertaken at the Centre/as part of the program and I accept that risk.

- b) Please tick whichever applies to you:

I consent / I do not consent to allow NSW Government to use my name/my child's/my ward's name and any photographs, sound and film recordings taken of myself/my child/my ward at this program for the promotion of the Communities NSW services and initiative to the media and to the general public.

Full name Self Parent Guardian (please tick)

Signature

Date

 / /

Privacy statement

Communities NSW of 6 Figtree Drive, Sydney Olympic Park NSW 2127 will collect and store the information you voluntarily provide to enable processing of enrolments for the program. The information will be provided to instructors of the program and their supervisors, where necessary, and you consent to this disclosure. If you have been asked for information regarding Aboriginal and Torres Strait Islander descent and cultural background, this information is voluntary and is being compiled for statistical purposes only. Any information provided by you will be stored on a database that will only be accessed by authorised personnel and is subject to privacy restrictions. The information will only be used for the purpose for which it was collected. Any information provided by you to the department can be accessed by you during standard office hours and updated by writing to us or by contacting us on 13 13 02.

Refunds and cancellations

Requests for refunds must be made within seven (7) working days prior to the commencement of the program in which you are enrolled. All requests must be made in writing. All refunds are subject to an administration fee of 20 per cent of the total program fee. Refunds will not be given for partial attendance, nor will make up lessons be provided. Refunds will be paid at the completion of the program. Sport and Recreation reserves the right to cancel any program/s. Every effort will be made to give reasonable notice to those who have enrolled when a program is cancelled. Those enrolled will be given a full refund.



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