

## MG Commission

# Minutes

Saturday 16 January 2010

Gymnastics NSW Office

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### 1. FORMALITIES

- a. **Meeting Opened:** 1.40 pm Antoine welcomed all in attendance.
- b. **Attendance:** Antoine Rizzo (Chair), Lesley Thompson, Max Holmes, Martin Shields, Vassili Trofimov
- c. **Apologies:** David Conway

**Attending:** Aaron Bloomfield (Acting SPM)

#### d. Confirmation of AGM Minutes

The meeting confirmed that the minutes of the Annual General Meeting are an accurate reflection of discussion at the meeting.

Moved: Max Holmes                      Seconded: Martin Shields

#### e. Confirmation of Agenda

The meeting agreed to proceed in accordance with the agenda previously circulated.

### 2. CORRESPONDENCE

The SPM reported that two emails were received with respect to the awards at the 1-3 State Championships in 2009. The meeting agreed to defer discussion on these until later in the meeting under agenda item g.

### 3. ELITE UPDATE

No report was tabled at the meeting.

### 4. GENERAL BUSINESS

#### a. State Development Squad ('SDS')

The meeting discussed the SDS without issue. The meeting agreed:

Selection: All 2009 members would be written to and offered a place in the 2010 squad. This decision being reflective of the long term focus of the squads objectives for both athlete and coach development.

New members would be invited from the level 2-5 'Age' divisions from the 2009 State Championships. All level 2 athletes that scored equal to or greater than 54.00 and level 3, 4 and 5 athletes that scored equal to or greater than 52.00 points would be invited to attend. Clubs are to be notified of the selections at first instance. Athletes would soon thereafter be notified of their selection. Additional squad members would be considered on a written application basis at the discretion of the Commission provided spaces are available. The Commission agreed that the total squad number preferably should not exceed 48 members.

**ACTION: SPM to prepare budget and paperwork**

Coaches: All gymnasts must be accompanied by a club coach. The Commission agreed to consider applications from country athletes where the coach was unable to attend provided the country program arranges for an alternate coach to accompany its athletes.

The sessions are open to all men's coaches irrespective of whether they have athletes in the program. Attending coaches would be eligible for 4 updating points at the conclusion of the year provided they attend all four sessions. Coaches that attend three sessions would be eligible for 2 updating points with no points allocated for coaches attending only one or two sessions.

Dates and Venues:

13 March – 3.00-6.00pm Australian Academy of Gymnastics  
5 June – 3.00 – 6.00pm Manly Warringah  
8 August – 8.00 – 11.00am Epping YMCA  
6 November – 3.00-6.00pm Castle Hill RSL

The meeting agreed that all squad members should be required to attend the senior session at the Senior State Championships at which they will be presented with their squad certificate.

**ACTION: Clubs to confirm dates and venue free of charge**

Uniform: The meeting agreed to provide the squad members with a T Shirt and gymshorts. Both including the GNSW logo and 'NSW Squad' title. Both in GNSW colors.

**ACTION: SPM to arrange quotes**

Skill Development: the meeting discussed the importance of the squad program to focus on the developmental skills necessary for the athletes to progress through to higher levels. To ensure a focused approach the meeting agreed that specific coaches should be allocated to determine the skills progression on specific apparatus. The coaches would develop the program on that apparatus for the four sessions.

Floor : Max  
Pommel: Martin  
Rings: Dave  
Vault: Antoine  
Parallel Bars: Vassili  
High bar: Antoine

**ACTION: Coaches to develop squad program**

AIS Camp: The meeting discussed an AIS camp at the end of the year and agreed to consider the expense before incorporating it into the squad requirements.

**ACTION: SPM to develop squad budget incorporating an AIS camp**

**b. State Squad**

The meeting discussed the importance of providing a 'follow through' for SDS members through to the higher levels. It was agreed that because of the small number of boys that will compete in the U14-U18 stream external to the Homebush program that four training days through the year would be nominated during existing training time where the athletes and their coaches could attend training at the sports centre.

**ACTION: SPM to discuss with Xiong**

**c. Competition Structure**

The meeting discussed the competition structure for 2010 and agreed, pending time constraints to incorporate level 2-10 into the June Long weekend championships and maintain the Junior state format at level 1-5.

The meeting agreed to trial a 'Grand Prix' competition program in 2010 which incorporates 3 club based events, the senior state championships and the junior state championships which would double as a grand prix final. Potential venues for the club events discussed included, Carmel and Co, Penrith YMCA, Hunter Sports Centre and Armidale however for the first year of operation Armidale was considered the least preferred option for the first year of the concept.

**ACTION: SPM to draft concept and approach venues for event availability and dates**

**d. Competition dates**

No discussion on this item occurred with the matter being effectively covered in agenda item d.

**e. State Team Selection Process**

The Commission agreed that it was important that the selection criteria for state teams is objective to alleviate ambiguity and potential discontent. Following discussion the Commission agreed:

**Eligibility:** To be eligible for selection onto a state team an athlete must at least reach the qualification score as stated in the Technical handbook.

**Selection:**

The state team is to be determined by adding the first and second state trial total scores. The team will be filled by the athletes with the highest combined total score from the first and second state trials. Following the second state trial a squad of 10 athletes will be named with the final team to be announced at the Senior State Championships.

All athletes must compete in the State Championships.

In the event that athletes who attend only one state trial, irrespective of the reason, are ineligible for a state team position unless there are insufficient numbers of athletes in that level to fill the team. In this event no athlete that has failed to compete in both state trials may displace an athlete that has competed in both state trials. If an athlete has failed to compete in both state trials but has competed in one state trial and there are insufficient athletes to fill the team, that athlete may qualify for the team at a 'testing day' ratified by the Commission. At least two judges must judge the athlete at such an additional 'testing day'.

In the event that following the second state trial there are insufficient numbers of athletes to fill a team in a particular level and there are more athletes that have competed in one state trial only than there are remaining places on the state team in that level then the athletes with the highest total score from the one state trial will be invited

The only exception to the above selection process is for athletes that have qualified for nationals at senior international level at, at least one selection trial or in an international event. In this instance a qualification score is sufficient however the Commission expects the athletes, where possible, to attend both selection trials and the State Championships.

**f. Commission Position Descriptions**

The Commission descriptions for the respective commission positions were circulated at the meeting. The meeting agreed to review the descriptions and report back to the SPM with any changes as soon as possible.

Following discussion the meeting agreed to extend the role of the State Coach to be the team head coach at the National Championships. The Head Coach will be responsible for determining, in consultation with other coaches, training schedules and rotations, team

warm up, the coordination of the state team training day, ensuring order of works are submitted on time, ensuring athletes are aware of the correct routines and requirements for their respective levels, and in conjunction with the Team Manager resolve any coaching disputes while at the National Championships.

**g. State Awards**

Following discussion, and after considering the email correspondence received on the matter, the Commission agreed to have the same awards structure as 2009 with one amendment. Level 3 will be eligible for the same awards as level 4 and 5.

The meeting agreed that the same awards should be applied to the 'Grand Prix' events.

**h. Meeting calendar**

The Commission agreed to meet the first Saturday of every month. In the event that a SDS squad falls on the weekend of the first Saturday the meeting will be conducted following the SDS squad training.

**i. Communication with Community**

The Commission agreed to post the meeting minutes on the website.

**j. Other Technical Handbook Items**

The SPM reported that the amendments agreed to during the meeting would be incorporated into the 2010 Technical handbook. A draft copy will be provided to all Commission members prior to final signoff and the handbooks release to the Community.

**k. Course Presenters and Assessors**

The SPM requested that the Commission use 2010 to identify potential course presenters and course assessors particularly in Country areas.

The meeting agreed that using quality venues for courses is important.

**ACTION: Commission member to identify potential course presenters and assessors.**

**l. Other General Business**

There being no general business the meeting closed at 5.37pm